



### Hells Cauldron – How to survive the run - Questionnaire

Thanks for your interest in entering Hells Cauldron – The Anvil.

It is recommended that you complete the questionnaire before entering, to ensure that you have the skills to safely complete the course.

Before answering the questions it is recommended that you mark the course on your map (Spatial Visions 1:50000 Bogong Alpine Area Map and Mt Hotham Tracks & Trails) or a copy of the maps.

**NB** – this is an unmarked course – some sections are infrequently used, there are no GPX / Strava files..

Harrietville Caravan Park – Stony Creek Road – MUMC Hut – Mount Feathertop	15.6km
Mt Feathertop Summit – Diamantina Spur – Kiewa River Road	7.0km
Kiewa River Road – Pole 84 AAWT via Machinery Spur	11.6km
Pole 84 – Spargos Hut – General Store (via Edelweiss Tk)– Mt Higginbottom– Loch Carpk	9.0km
Loch Carpark (via Summit Walk)– Dibbins Hut – Red Robin Battery – Diamantina Spur	13.3 km
Diamantina Spur – Razorback – Diamantina Hut	12.2km
Diamantina Hut – Bon Accord Spur - Harrietville Caravan Park	<u>16.0km</u>
Total estimated distance (+/- 10%)	<b>85km</b>

- 1) Check if your times qualify you to finish - supply **one** qualifying time in **one** of the following events:

	Qualifying time	Your time	Year
Razorback 64km	Men 11 hrs / Women 12 hrs		
Alpine Challenge 100km	Men 18 hrs / Women 19 hrs		
Alpine Challenge 160km	Men 32hrs / Women 34hrs		
Wilson's Prom 100	Men 14 hrs/ Women 15 hrs		
Hut 2 Hut 100	Men 18 hrs/ Women 19 hrs		
Other - equivalent to the runs listed			

- 2) Answer the following questions. The questions are based on the Spatial Visions 1:50000 Bogong Alpine Area Map. You should aim to have 95% correct answers.

Name the **emergency shelters** and provide their grid references either on or easily accessible along the course (hint there are 9 – excluding Hotham Village):

Example – Trout Farm 072216

	Emergency Shelter	Grid Reference
1		
2		
3		
4		
5		
6		
7		
8		
9		

Provide location name and grid reference (There may not be 3 options in all cases)

Where can you get **water** from, between:

**Trout Farm and Mount Feathertop Summit**

1		
2		
3		

**Mount Feathertop and Red Robin Mine**

1		
2		
3		

**Red Robin Mine and Hotham Heights**

1		
2		
3		

**Hotham Heights and Cobungra Gap**

1		
2		
3		

**Twin Knobs and Harrietville**

1		
2		
3		

If you were injured and could not continue, what would you do?

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If you were lost / geographically embarrassed – what would you do?

\_\_\_\_\_  
\_\_\_\_\_

List your experience in running in both extreme hot and cold conditions.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What is the elevation at grid reference 198093 \_\_\_\_\_m

If you were at grid reference 077136 what bearing would you take to get to Spargo's Hut \_\_\_\_\_

**If you were unable to answer the questions satisfactorily you should consider if you are appropriately skilled to safely complete this run this year. There is always next year and time to improve your skill set.**